



**Kathleen Cuddy, MPH
Public Health Director
Cayuga County Health Department
8 Dill St.
Auburn, NY 13021**



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Guidance on Travel

In anticipation of snowbirds returning and as school break is approaching and many families are planning to travel, we want to remind all of you that the New York State Travel Quarantine is still in place. For more information about the NYS travel quarantine visit: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>.

If you travel out of NYS to a noncontiguous state, U.S. territory or CDC level 2 and higher country for more than 24 hours the only way you can test out of the 10 day travel quarantine is to:

- Obtain a negative COVID test within three days before you return back to New York and,
- The traveler must, upon arrival in New York, quarantine for three days and,
- On day 4 of their quarantine, the traveler must obtain another negative COVID test. If both tests comes back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

If you do not get a negative COVID test prior to returning to New York you cannot test out of quarantine, no matter how many tests you obtain once you are back in New York State.

The Cayuga County Health Department is monitoring those who travel. Anyone traveling outside of NYS, regardless of vaccine status must complete the [NYS Traveler Form](#). The National Guard is assisting with completion of the form at airports. If people travel by other modes of transportation, it is still expected they complete the form on their own.

You will need to provide documentation of both negative tests to the Cayuga County Health Department to be released from the travel quarantine.

If you have traveled, plan on returning to New York State and are in need of either a first or second dose of the COVID-19 vaccine, you must complete the requirements of the travel quarantine before attending a clinic.

With new strains of the virus popping up in different parts of the United States and other countries, it is important that you follow the travel quarantine to protect yourself, your loved ones, those attending and working the vaccination clinics. In addition, we ask that you continue to support our efforts in preventing the spread of COVID by:

- wearing a mask both indoors and outdoors when you around people you do not live with
 - stay at least six feet away from others who you do not live with
 - wash hands frequently and thoroughly with soap and water for at least 20 seconds
 - stay home when you are not feeling well
 - if you get tested for COVID – stay home until you receive your negative results
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