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Case Investigation and Contact Tracing Update

The substantial volume of COVID-19 cases in recent days has exceeded the capacity of the Cayuga County Health Department and New York State contact tracing team to contact everyone individually who has had a positive COVID-19 test result.

In addition, this week the Cayuga County Health Department adopted updated COVID-19 guidance for isolation and quarantine as a result of numerous updates to recommendations and guidance from the New York State Department of Health and the Centers for Disease Control and Prevention.

Given the back log and the shortened isolation and quarantine, **you should no longer expect a call from us nor should you call unless you have questions.** County issued isolation and quarantine papers can now be found on our Health Departments website (www.cayugacounty.us/health).

As a reminder, anyone regardless of vaccination status, who receives a **positive COVID-19 test result, from a home test or laboratory is to isolate for 5 days** in their household, as well as to notify anyone who they may have been into contact with. If you have no symptoms or your symptoms are resolving (with no fever for 24 hours) after 5 days, you can resume all normal activities. You must continue to wear a well-fitting mask around others for an additional 5 days. If your symptoms are not improving, contact your healthcare provider for medical advice.

Close contacts of someone who has tested positive should quarantine for 5 days after the last date of exposure to the positive person, as well as to monitor yourself for symptoms and seek a test if symptoms develop.

Updated Cayuga County guidance can be found by visiting: www.cayugacounty.us/health
