



Kathleen Cuddy, MPH
Public Health Director
Cayuga County Health Department
8 Dill St.
Auburn, NY 13021



For Immediate Release: Wednesday, July 1, 2026

Income Guidelines Updated for Women, Infants, and Children (WIC) Program

More families may be eligible for WIC benefits! New income guidelines for WIC eligibility have been released and are effective now through June 30, 2027. Many residents may qualify and not know it, including many working families.

If you are pregnant, breastfeeding, or caring for children under the age of five, you may qualify to receive WIC benefits! Qualifying caretakers may include fathers, grandparents, foster parents, and other legal guardians. Families that receive benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Medicaid, the Essential Plan, or Head Start/Early Head Start are considered income eligible and do not need to have their income formally assessed.

See the chart below for income guidelines effective through June 30, 2027:

Effective through June 30, 2027

Gross Income

Household Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$29,526	\$2,461	\$1,231	\$1,136	\$568
2	40,034	3,337	1,669	1,540	770
3	50,542	4,212	2,106	1,944	972
4	61,050	5,088	2,544	2,349	1,175
5	71,558	5,964	2,982	2,753	1,377
6	82,066	6,839	3,420	3,157	1,579
7	92,574	7,715	3,858	3,561	1,781
8	103,082	8,591	4,296	3,965	1,983
<i>For each additional member, add:</i>	+\$10,508	+\$876	+\$438	+\$405	+\$203

The Cayuga County WIC office is located at 100 North St. Suite #1 – next to the Play Space. For more information about the WIC Program visit www.cayugacounty.gov/WIC. To speak with Cayuga County WIC staff, call 315-253-1406.

